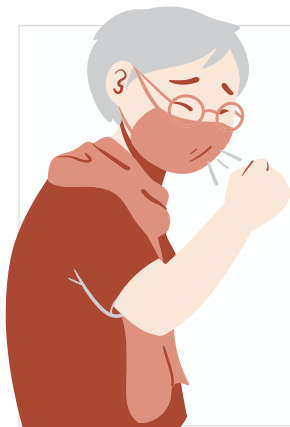
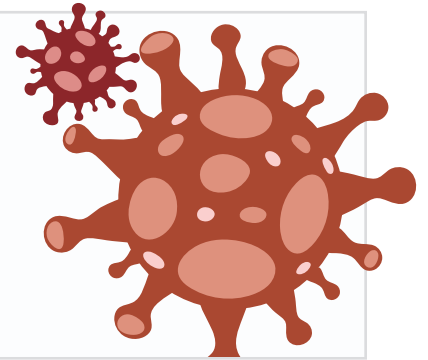


The COVID-19 Vaccine & Nebraskans with Disabilities

WHAT YOU SHOULD KNOW

COVID-19 is a virus.
COVID-19 spreads between people easily.
People with disabilities can get COVID-19.



COVID-19 can make you feel tired and sick.
COVID-19 can make it hard to breathe.
Some people with COVID-19 feel very sick and need to go to the hospital.

Scientists made the COVID-19 vaccine to help protect everyone from COVID-19.

Vaccines are shots that keep you from getting sick.

COVID-19 vaccines are safe and free.

Ask your doctor if you should get a COVID-19 vaccine.



Nebraska has a phone number for people who have questions about COVID-19 and the vaccine.

Call (833) 998-2275 if you need help getting the COVID-19 vaccine.

When you get the vaccine

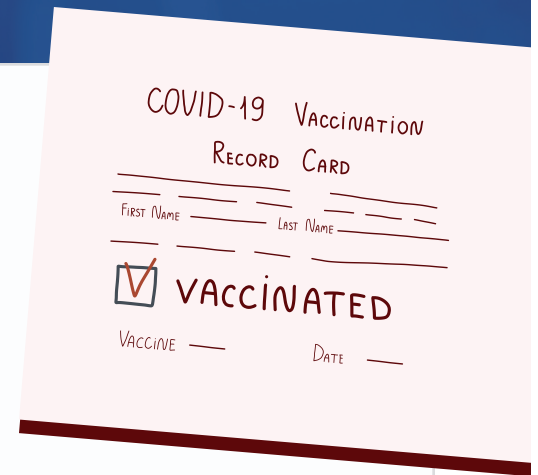
You might need to wait in line. Stay 6 feet away from any other people who are waiting in line.

People will watch you for 15 minutes after you get the vaccine to make sure you feel okay.

You will get a card that says which COVID-19 vaccine you got. Keep this card in case you need it later.

Ask if you need to come back in two weeks for a second shot.

Ask how long it will take until the COVID-19 vaccine protects you.



After you get the vaccine

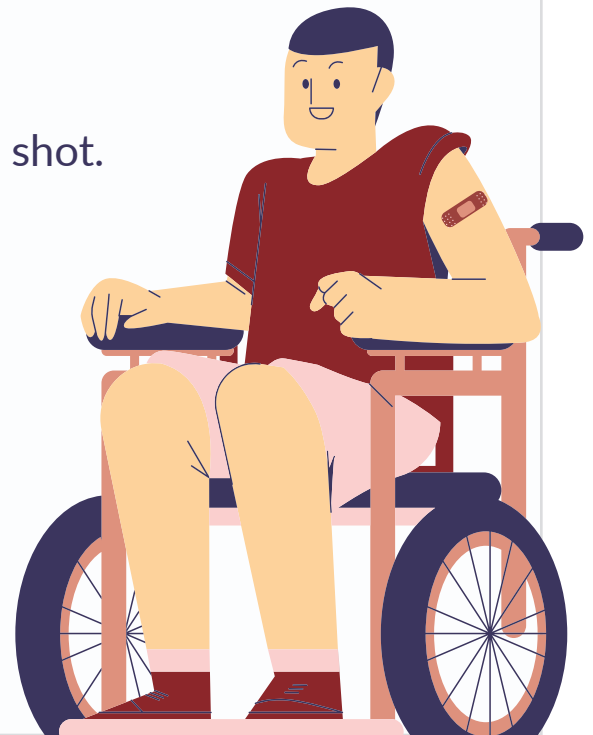
Your arm might hurt in the place you got the shot.

You might get a fever or feel tired.

Resting and drinking water might help you feel better.

You should feel better in a few days.

Call your doctor if you are worried about how sick you feel.



For more easy-to-read COVID-19 resources, visit www.cdc.gov/coronavirus/2019-ncov/easy-to-read/

Source: Center for Disease Control and Prevention (CDC)