# FEBRUARY ISSUE CAFES

at Urban Abbey at 1026 Jackson St. in the old market, \$2 parking in the lot across the street

### **Solitary Confinement: the Cost to Mental Health**

Feb. 5, 6:45-8 pm

Doug Koebernick, the Inspector General of the Nebraska Correctional System for the Nebraska Legislature, will discuss the use of restrictive housing (solitary confinement) in Nebraska's prison system, as well as other current conditions in the prison system. Research has shown that solitary confinement has detrimental effects on individuals, including negative impacts on mental health.

### **Substandard Housing Coalition Building**

Feb. 19, 6:45-8 pm

Join OTOC and coalition partners in support of Proactive Registration and Inspection of rental property. Help broaden the coalition to strengthen Omaha's approach to address substandard housing.

## Climate Change in Nebraska: Projections, Impacts and Solutions Feb. 26, 6:45-8 pm

Dr. Martha Shulski, State Climatologist and UNL professor of Natural Resources, will share about the local impacts and causes of global climate change what Nebraska can do to combat it.

#### Payday Lending in Nebraska

Feb. 28, 6:45-8 pm

Payday lending is the widespread practice of lending small amounts of money for exorbitant fees with difficult terms of repayment. Ken Smith of Nebraska Appleseed will discuss the problem in Nebraska, proposed state legislation that would expand payday lending, and what can be done to oppose the practice.





